

<b>Nutritional information</b>	<b>per 100 ml</b>	<b>per pouch (94 g)</b>
Energy kJ (kcal)	1644 (386)	1545 (363)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	96 g	90 g
of which sugars	45 g	43 g
Protein	0 g	0 g
Salt	0,54 g	0,50 g
Sodium	214 mg	201 mg

\*per 94 g powder in 500 ml water

All Powerbar products are shown in the Cologne List®, and as a result we can offer athletes even more security and trust. The Cologne List® is one of the leading service platforms that list sports nutrition products tested for prohibited substances under strict certification processes.